

INTERNSHIP REPORT



Co-funded by the
Erasmus+ Programme
of the European Union



NORTH MACEDONIAN STUDENTS IN SOVERATO WITH JUMP

in cooperation with
Euro College - PVPU Euro College
Kumanovo



INTERNSHIP PERIOD

3 months

29/03 - 21/06/2025

**LINK TO THE PHOTOGALLERY OF
THE EXPERIENCE**

www.associazionejump.it - associazionejump@gmail.com



REPORT BY PAVEL BOZINOSKI

ENGINEERING INNOVATION ABROAD- A
HANDS-ON INTERNSHIP IN SOVERATO, ITALY

[LINK TO THE ARTICLE ON THE
JUMP WEBSITE](#)

Participating in a three-month mechanical engineering traineeship in Soverato, Italy, has been an invaluable opportunity to apply my technological background in a new domain and gain hands-on engineering experience. The traineeship took place at PL Studio, an engineering studio based in Soverato and led by Antonello Pisano. The studio provided a structured and professional setting where I was able to actively contribute to design projects and work with industry-standard tools and processes. Hosted in a professional and technically focused environment, my internship allowed me to deepen my understanding of the design and development processes central to modern mechanical engineering practice.

With a Bachelor's degree in Informatics, specializing in Software Engineering, my academic foundation is rooted in technology and problem-solving. Professionally, I've been working as a QA Automation Engineer, where I focus on ensuring software quality through testing and automation processes. Now at 23 years old, I'm currently expanding my horizons by pursuing a Master's degree in Business Administration, aiming to integrate technical expertise with strategic thinking and leadership. This diverse background has allowed me to approach the mechanical engineering traineeship from a unique perspective—combining analytical skills, digital fluency, and a business-oriented mindset to fully engage with the challenges and learning opportunities it presented.

The core of my technical work revolved around mastering Autodesk Inventor, a widely used 3D CAD software in the engineering field. Under the supervision of a local engineer, I contributed to ongoing design projects by developing initial technical sketches, building precise 3D models, and generating full-scale engineering drawings. This process-oriented workflow—starting from conceptualization through to documentation—gave me a complete view of the engineering product lifecycle. It sharpened both my attention to detail and my ability to think in three dimensions. What made this experience especially dynamic was the autonomy I was given in handling tasks. From understanding dimensional tolerances to organizing parts within assemblies, I was able to apply theoretical principles in a professional setting, ensuring designs met both functional and manufacturing criteria. The use of Inventor in daily operations not only improved my software proficiency but also helped me understand industry expectations for design standards and documentation.

Communication posed an initial challenge, as the team predominantly spoke Italian. Rather than an obstacle, this became a growth opportunity. Immersion in the language and culture accelerated my Italian comprehension and introduced me to the technical vocabulary used in Italian engineering contexts. By the end of the internship, I could comfortably follow discussions and engage with tasks explained in Italian. Outside of the workshop, the experience extended into the social and cultural dimensions. Soverato, though modest in size, is vibrant and full of life. The region's hospitality, Mediterranean atmosphere, and culinary richness made adaptation seamless. Daily life was supported by excellent coordination from JUMP – Gioventù in riSalto, the organization behind our placement. Their team facilitated everything from accommodation and transport to language support, making our transition smooth and enjoyable.

Outside the technical scope of our internship, we were also invited to take part in a local initiative celebrating the anniversary of the European Union. Spanning five days,

the event involved multiple activities across Soverato and neighboring towns. We joined the preparations by helping set up installations at various locations, delivering materials, and managing tasks across different sites. Our role also included interacting with local youth (ages 10 to 19), running informal educational games, and promoting the event in nearby schools and community spaces. It was a unique opportunity to step into a different kind of team dynamic—one that emphasized public engagement, adaptability, and grassroots collaboration. It added a human and cultural dimension to an otherwise technical experience, and showed how engineering mindsets can contribute to broader community efforts.

JUMP's professionalism and long-standing experience in international mobility programs were evident in every aspect of the project. Their approach is holistic: while the technical internship refined our engineering competence, the cultural and social elements fostered adaptability, empathy, and broader perspective—all of which are essential traits in the global engineering landscape.

In conclusion, this traineeship was not only a technical advancement but a comprehensive developmental experience. It reinforced my passion for engineering design, improved my adaptability in multilingual environments, and deepened my appreciation for collaborative and culturally diverse work settings. The skills I acquired—both technical and interpersonal—will remain fundamental to my professional path moving forward.

THANKS
Pavel

REPORT BY PETAR GROZDANOV

MY 3 MONTH ERASMUS EXPERIENCE IN
SOVERATO, ITALY

[LINK TO THE ARTICLE ON THE
JUMP WEBSITE](#)

My name is Petar Grozdanov, a 23-year-old from North Macedonia with a background in Graphic Design. I am currently pursuing a Master's degree in Business Administration at Euro College in Kumanovo. I'm someone who has always been driven, not only by ambition but by a desire to create something meaningful, lasting, and impactful on a global scale.

That vision led me to Soverato, a charming coastal town in southern Italy, where I'm spending three transformative months as part of a long-term Erasmus+ internship with CTE srl company and JUMP Association. This experience has been much more than just a professional opportunity, it's been a journey of growth, discovery, and clarity about who I am and the future I want to build.

My professional background is diverse. I've worked in data entry for a leading U.S. pharmaceutical company and developed a strong portfolio in graphic design and photography. These roles taught me precision, creativity, discipline, and the importance of detail. But deep down, I always felt the urge to stretch beyond my comfort zone, to seek challenges that would shape me into the entrepreneur and leader I aspire to become.

That hunger for growth brought me to JUMP Association, an innovative organization specializing in Erasmus+ Teacher Training, Project and Design Management, and educational innovation across Europe. Here, I've had the opportunity to contribute to a wide range of projects involving education, social impact, digital communication, and international collaboration.

My daily work includes content creation, event organization, project coordination, and strategic communication planning. This dynamic environment has sharpened not only my technical and organizational skills but also my ability to work within multicultural teams and adapt to fast-paced, real-world challenges.

What truly sets this internship apart is its long-term structure. Unlike shorter Erasmus exchanges, this extended stay has given me time to fully immerse myself in Italian culture and work life. I've been able to build deeper relationships, take on more responsibility, and see real progress in the projects I contribute to. It's an experience that has offered not just learning, but transformation.

Equally important are the people who made this journey memorable. From day one, the team at JUMP, Pietro, Erika, Ylenia, Giusy, and Enza, welcomed me with open arms. Their warmth, support, and trust made me feel not like a guest, but like a valued team member. Working alongside them has been both professionally enriching and personally inspiring.

This experience has not only helped me grow as a professional but has also given me greater clarity about my long-term goals. I've realized that I don't just want a good career, I want to build a global company, a strong brand rooted in innovation, creativity, and real-world impact. For me, business is not just about profit, but about purpose, excellence, and values.

Every skill I'm learning, every connection I'm making, and every challenge I'm facing is a step on the road toward that vision.

What drives me is not routine or safety, it's the constant desire to evolve, create, and make a mark. This internship hasn't just been an experience; it's been a stepping stone toward the legacy I want to build.

Looking ahead, I plan to continue investing in my education, expanding my international network, and refining the skills I need to achieve my entrepreneurial goals. Soverato has shown me what's possible when you leave your comfort zone, and I'm incredibly grateful for everything this chapter has given me: new friends, deeper insight, and renewed motivation.

To anyone considering an Erasmus internship: go for it, and if you can, choose the longer path. Time brings depth. And depth brings real transformation.

This could be more than just a trip. It could be your turning point. It certainly was mine.

I hope reading this article has motivated you as much as it motivated me, to step out of your comfort zone and pursue bigger things.

THANKS
Petar

REPORT BY ANDREA PETRUSEVSKA

ERASMUS TRAINEESHIP EXPERIENCE IN SOVERATO
FOR 3 MONTHS

[LINK TO THE ARTICLE ON THE
JUMP WEBSITE](#)

As part of our specialized studies at Euro College Kumanovo and in collaboration with the Jump Association, I had the incredible opportunity to spend three months in Soverato, Italy, for an Erasmus+ traineeship. This experience allowed us to deepen our knowledge and gain practical insight by working with various local companies. With academic backgrounds in both Business Management and Graphic Design, and currently pursuing my Master's in Business Administration, this traineeship was the perfect opportunity to apply my skills and broaden my horizons.

From the moment we arrived, we were warmly welcomed by the amazing Jump team, who supported us every step of the way. Their professionalism, organization, and constant availability made our transition smooth and enjoyable. Each of us was matched with a local company aligned with our skills and interests. I had the privilege of completing my traineeship at SudGrafica, a printing and design company based in Davoli.

Working at SudGrafica gave me a unique, hands-on experience with the entire production cycle—from concept and design to revisions and final output. This was incredibly valuable not only for my development as a designer but also for understanding the behind-the-scenes processes beyond the classroom.

Initially, I shadowed Giuseppe and Daniela, observing how they interacted with clients and handled business operations. This was especially insightful from a business management perspective, as I got to see how they allocated resources, managed time, and created a positive, organized work environment. Later, I joined Marco and Graziella, the in-house designers, to understand how professionals approach creative challenges—from research and ideation to execution. I also spent time in the production lab, learning how various machines function and how different products like billboards, rugs, signage, magazines, and business cards are created. I even got hands-on experience with the embroidery machine under Daniela's guidance—a true dream come true for someone who loves arts and crafts!

What made this experience truly special were the people. Every team member welcomed me with kindness and made me feel like part of their family. I had the chance to assist with administrative tasks, contribute creative ideas, conduct research, and even participate in basic production activities. Despite the language barrier—most of the team spoke mainly Italian—they always made the effort to communicate and include me, helping me feel both supported and empowered.

Naturally, we faced a few challenges, the most significant being adapting to the Italian lifestyle, language, and culture. But rather than being an obstacle, this turned out to be one of the most enriching aspects of our stay. We discovered many similarities between our cultures—especially the warmth, hospitality, and love for good food. We picked up useful Italian phrases, learned to appreciate the tradition of a long lunch with friends, and embraced the joy of a simple “un caffè” at the bar. We learned how to connect beyond language, to adapt, to support each other, and to grow as individuals.

Living in Italy for three months gave us the chance to truly immerse ourselves in the culture—something a short visit could never offer. This Erasmus experience has been a perfect mix of learning, fun, cultural exchange, and professional development. It’s a journey I will always cherish, and one I wholeheartedly recommend to every young person looking for a meaningful adventure that combines both personal and career growth.

THANKS
Andrea

REPORT BY MIHAILA MITEVSKA

A REMARKABLE INTERNSHIP JOURNEY IN SOVERATO

[LINK TO THE ARTICLE ON THE JUMP WEBSITE](#)

Three months ago, I arrived in Soverato, a sun-soaked town in the south of Italy, not knowing exactly what to expect. What I found was more than just a professional placement—it was a cultural and personal adventure that expanded my perspective and sharpened my skills. I had the unique opportunity to work in a professional accounting firm under the guidance of a *commercialista*—a licensed Italian accountant and tax advisor. Though a one-person firm, the experience was anything but small; it provided me with deep, hands-on insight into the workings of the Italian financial and legal system.

Coming from a multidisciplinary background, I hold a Bachelor's degree in Business Informatics, which blends engineering principles with business systems and digital technologies. My professional path has taken me into the field of Talent Acquisition, where I work as a Recruiter, connecting people with the right opportunities and helping companies build strong teams. At 23 years old, I'm now pursuing a Master's degree in Business Administration, with the goal of expanding my understanding of strategy, leadership, and international business. This blend of technical, human-centered, and managerial experience gave me a unique perspective during the internship—helping me appreciate not only the numbers behind a business, but the systems and people that drive it.

During my time there, I became familiar with various aspects of Italian economic laws and procedures. I worked with essential national systems such as the *Agenzia delle Entrate*, and learned to process tax declarations like the *730*, *DSU*, *ISEE*, and *RPF*. I also gained experience in issuing invoices, balancing accounts for both corporate clients and private individuals, and executing payments—using professional software like GB.

One of the key figures in my internship was Nancy, the assistant of the *commercialista*. Her patience, knowledge, and continuous support played a vital role in helping me understand the workflow. She guided me through every task, ensuring that I grasped not only the "how" but also the "why" behind each procedure.

Of course, there were challenges. Communication wasn't always easy, as most of the team spoke limited English. But rather than seeing it as a setback, I treated it as an opportunity. I began picking up Italian and found myself slowly understanding instructions, joining conversations, and becoming more confident in a multilingual workplace. That language barrier became a bridge to new skills and connections. Immersing myself in the language and culture added a unique dimension to both my professional development and personal growth.

REPORT BY MIHAILA MITEVSKA

A REMARKABLE INTERNSHIP JOURNEY IN SOVERATO

Outside the office, life in Soverato was equally fulfilling. It's a small but vibrant town with a relaxed atmosphere, stunning coastal views, and incredibly welcoming people. Along with my friends and fellow trainees, we explored much of the region and embraced the Italian way of life. Our transport to and from a nearby town where we practiced was well organized, allowing us to stay connected and focused.

Our internship was made possible by the incredible support of the JUMP organization. The team has been instrumental in organizing every aspect of our stay—from accommodation and transport to cultural activities and mentorship. Their professionalism, experience, and dedication to international exchange are truly commendable, and being part of one of their projects has been a genuine pleasure.

In addition to our core internships, we had the chance to support the JUMP organization with some of their local and international projects. One highlight of the experience was participating in JUMP's community initiatives. We helped organize a five-day festival celebrating the anniversary of the European Union. From decorating public spaces to engaging with young participants (aged mostly between 10 and 19), and visiting schools and local businesses, we played a hands-on role in bringing people together. It was a chance to step outside the engineering world and be part of something bigger—connecting cultures, building friendships, and learning how to coordinate a public event.

Thanks to JUMP and the wonderful people we've met here, we've quickly adapted and created a fulfilling life during our stay. The blend of professional learning, cultural immersion, and community involvement has made this experience deeply rewarding. We've developed lasting friendships, embraced the Italian lifestyle, and truly fallen in love with the food, the rhythm of daily life, and the warmth of the local culture. What once felt foreign has now become a part of us.

This internship has not only enhanced my professional skills but also broadened my horizons in ways I couldn't have imagined. I am truly grateful for the opportunity and would highly recommend this experience to anyone seeking both professional development and cultural enrichment. I leave Soverato with unforgettable memories, practical experience, and a greater sense of confidence for the future. For anyone considering a traineeship abroad, I can only say: go for it. You'll grow in ways you can't plan for—and discover strengths you didn't know you had.

THANKS
Mihaila



SOME PHOTOS OF THEIR EXPERIENCE



Co-funded by the
Erasmus+ Programme
of the European Union

www.associazionejump.it - associazionejump@gmail.com



SOME PHOTOS OF THEIR EXPERIENCE



Co-funded by the
Erasmus+ Programme
of the European Union

www.associazionejump.it - associazionejump@gmail.com



SOME PHOTOS OF THEIR EXPERIENCE



Co-funded by the Erasmus+ Programme of the European Union